



Have you at last decided you deserve more?

What would it take for you to stop working so hard in your business and have more success?

What gets in your way of developing a profitable business that runs smoothly?

What does a lack of focus, direction and planning for your business cost you?

Business Coaching will shift you from working hard and using lots of time and energy, to producing results with less effort as you become more effective.

Business Coaching will change you to working ON your business for growth and improvement rather than just working IN it, producing your product or service.

Business Coaching will progress you from feeling scattered to being focused on what's important to you, and able to take the required actions to achieve what you want.



If you want..

A new sense of passion, energy and enthusiasm

A more balanced and fulfilling life

Enhanced and satisfying relationships

Less procrastination and fewer stops

More clarity, focus and direction

Faster and bigger results

Increase earnings and productivity

Increased self-confidence

...then New Oceans Business Coaching is for you

How To Start

We offer one to one coaching and our special 2 to 1, where two of our most experience coaches work with you to look at your challenges from both sides to move you forward.

Call or e-mail Dee or Paul to schedule a **free no-obligation** 30-minute coaching session. This will give you a taste of life-coaching and a sense of who we are and how we work. Then you can see for yourself how you can benefit from the life coaching process.

Investment - £100+vat per one hour, £150+vat per two hour session

New Oceans *Business* Coaching

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Start living your successful future now – if you can dream it you can be it... and we can show you how!

With us you will at last achieve that breakthrough you've been waiting for. Not yet fully living your life? – You will be!

New Oceans *Business Coaching*

With our help you will be turning grey to colour – achieving that breakthrough you've been waiting for.

Are you ready to make changes in your business and your life?

Do you want an effective and successful business that runs smoothly?

Do you want more focus and success, more time and less stress?

New Oceans Business coaching moves you and your business from where you are now to where you want to be.

Perhaps in business you are a person who is:

Full of ideas but not sure what to do with them

Finding it difficult to make plans and see them through

Feeling as if you're banging your head against a brick wall

Finding it hard to make decisions

Starting a new business or developing an existing one

Running an organisation or company that is going through a major crisis

Unsure about whether you will make your business a success

Sometimes unsure of what to do next, or if you're doing the right things

Feeling lost or off track, isolated and under pressure from the demands of work

You know that you need to make changes in your business and life. . . but perhaps you don't know how or where to start. That's where we can help..



A New Oceans Business Coach encourages and supports you to make the changes you want. Our coaches will help you to.....

Design a life that fits who you are...

Create compelling goals

...

Clear obstacles from your past ...

Break through stuck thinking ...

Develop and put into action plans that move you forward

You may know what you don't want anymore, but...

What do you want in your business and your life?

To be more effective and successful

To develop an effective and efficient plan for the future of your business

To develop a profitable business that runs smoothly

Clarity, focus and direction to move your business forward

To think of and explore new possibilities

To discover and set your priorities in your business and personal life

To identify the areas of your business that you want to improve and brainstorm for potential action steps

To discover what business success means to you.

To find some balance in your daily activities



Business Coaching the NLP way

Life in the 21st Century is extreme. More and more people seem to be experiencing increased stress in their lives. We frequently hear complaints about not enough time; job burnout; being confronted with too many decisions and choices, or not enough.

Neuro-linguistic Programming is the study of the structure of how we do what we do, how to access resources we've forgotten we have, to empower us to move forward. This help has also now arrived in the form of life coaching with NLP, a powerful antidote to the challenges of life in the 21st Century. A New Oceans life coach helps you think out loud, and is your supportive wake up call, and your partner in achieving your personal and professional goals; to find out what makes you happiest in life, and to brainstorm ideas on how to achieve and keep every area in your life fulfilled

New Oceans Business Coaching – putting you on the road to success!

New Oceans *Business Coaching*