



"It's not only children who grow. Parents do too. As much as we watch to see what our children do with their lives, they are watching us to see what we do with ours. I can't tell my children to reach for the sun. All I can do is be a role model for them by reaching for it myself" - Paul Jacobs

Programme Investment

Inspired Parenting is a series of 4-hour workshops. A comprehensive workshop manual, lunch and refreshments are included in the workshop fee.

Each workshop investment is £40.

Remember - bring a friend and you can claim a 10% discount.

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- Do you want your children to have high self esteem?
- Do you want your children to be able to motivate themselves to achieve their goals?
- Do you want your children to develop exceptional skills for learning?
- Do you want your children to understand the potential consequences of their actions?

If you want your house to be a home and not a battlefield...!

Then join us.....

INSPIRED PARENTING with NLP

Tuesdays
10:00-14:00 Hitchin
BOOK NOW!
Call 01462 442955

Parenting is the most rewarding - and the most frustrating - job in the world!

Even though we know our children 'model' our own attitudes, beliefs, and behaviours in order to survive and grow, they turn - seemingly overnight - from adored and loving babies into the alien race from the planet 'Teenagers'!

At either end of the age spectrum – and in the middle! – our children can challenge us in all sorts of ways.

From screaming toddlers to surly teens, if you're at your wits' end as to how to re-establish communication with your children and get on together, then this workshop is definitely for you!



IS THIS YOU?

- "Nothing I do is right!".
- "I've tried bribery, I've tried punishment, I'm at my wit's end!".
- "I despair of ever getting it right!".
- "I sound just like my own mother/father!".

IS THIS YOUR CHILD?

- Temper tantrums
- Won't eat balanced meals
- Plays one parent off against the other.
- Can't make friends.
- Won't go to bed.
- Behaves selfishly/thoughtlessly..
- Won't wash.
- Won't talk, except in grunts, shouts, or whines.
- Won't study.
- Rude.

NOW ALL THAT CAN CHANGE!

New Oceans is an NLP based coaching and training organisation.

www.new-oceans.co.uk

INSPIRED PARENTING with NLP

Give your children the best start and make childhood the time of their lives.



Who taught your baby to walk? Who taught your baby to talk? No-one; no, not even you. Your naturally brilliant child WASN'T taught..... they LEARNED. They learned because it was fun, because they were unafraid of failing - failure wasn't even in their 'options bank'..... they took action, saw or heard or felt if something worked. If it didn't they tried something else, adjusted course all the way to their outcome. And they learned by modelling you, by having you encourage them, as a game, playing at being you.

Parenting is, by definition, about being role models. Ideally it is also about establishing an environment which is a blend of growth, responsibility, and enjoyment for parent and child together.

Yet so many of us frequently feel inadequate about our ability to raise our children well!

'Inspired Parenting With NLP' is the unique New Oceans personal development course for parents, to help turn all that around, to help you to be the best you can be, and help your children do the same.

Neuro Linguistic Programming (NLP) is internationally recognised as the most advanced personal development system available, and 'Inspired Parenting With NLP' will show you how to apply NLP techniques to your own life and parenting, and how to encourage your children to develop their own exceptional life and learning skills.

If your answer is "Yes" to any of these

- Would it make things easier if you could read and understand your children better?
- Could communications be improved?
- Would you like to be an excellent parent and still have time for yourself?
- Do you get into a state of frustration with the children or each other?
- Would it be useful for the family to see things from everyone's perspective?
- Would you like a better understanding of how your child's mind actually works?
- Could your family benefit from making more well-formed choices?

then you are a caring and concerned parent, and this course is for you. It will show you how to encourage your children in powerful and creative ways. It will give you the tools for exceptionally enhanced communicating, and help your child to develop awareness of their own capabilities, and to develop even more ability.

It will also show you how to improve your own creativity in your intra-family relationships.

'Inspired Parenting With NLP' is for every parent who wants to encourage their children to become exceptionally life-skilled, thereby

- Increasing self-esteem
- Relating positively
- Respecting other peoples' maps of the world
- Building new internal qualities and strengths
- Expressing individualism positively
- Managing their emotions
- Improving spelling, creativity, learning, motivation
- Modelling excellence.

Parenting is a full-time commitment, and we each want the very best for our children - the best we can be for them, the best they can be themselves; the best and most enjoyable ways to learn and live; the best relationships..... the best future!

And that's what the New Oceans 'Inspired Parenting With NLP' course will help you to achieve.